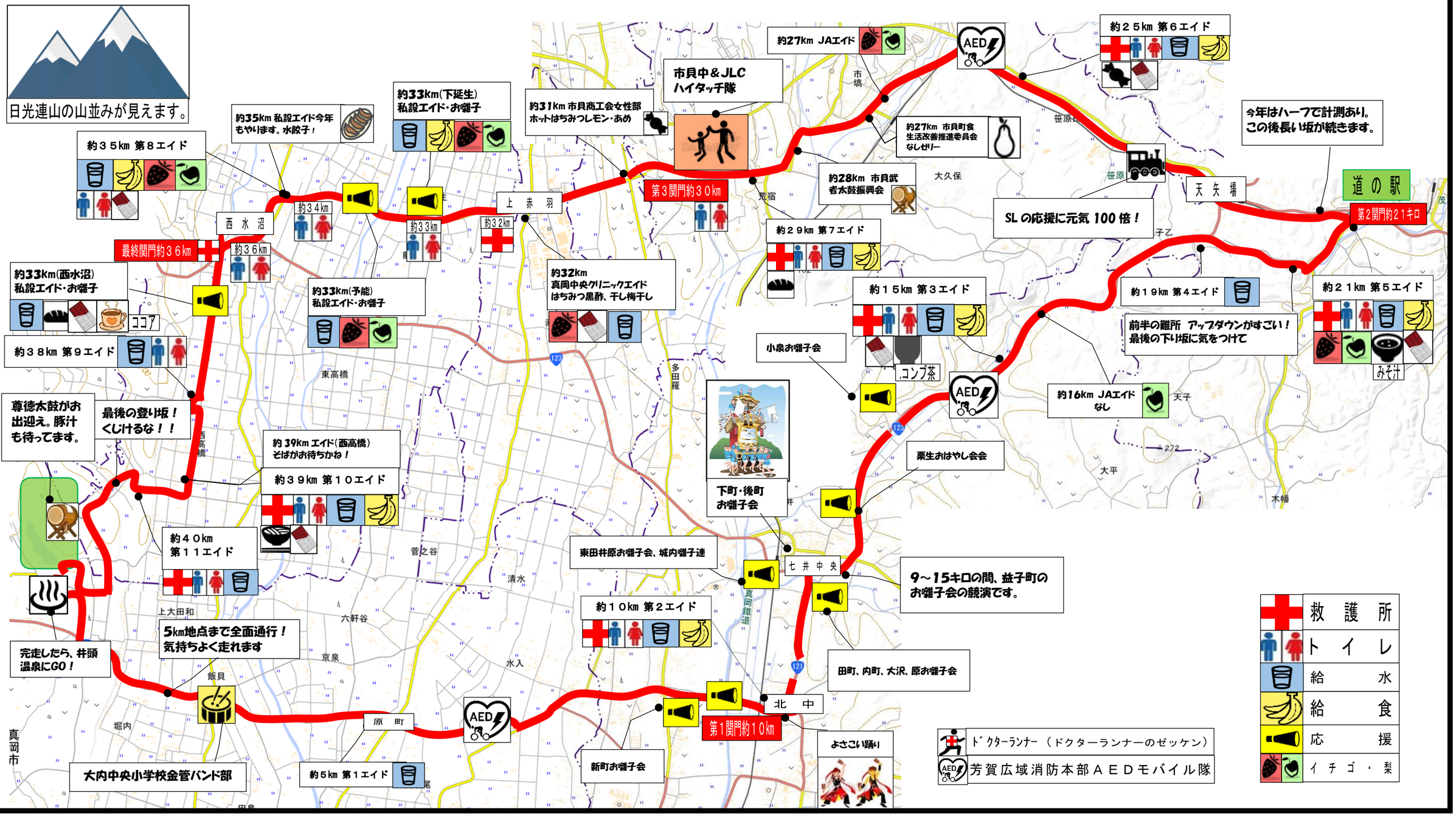はが路ふれあいマラソン応援・エイドマップ